



Sep 12, 2026 Longevity Summit Agenda

- 7:30 AM – Registration
- 7:45 AM – Welcome and Introduction from the Vendors
- 8:00 AM – Overview and improving Longevity – Dr. Lee
- 8:20 AM – Mitochondria Optimization – Dr. Luis Martinez
- 8:50 AM – The role of Umbilical cord tissue Mesenchymal Stem Cell Exosomes for Aging
- 9:25 AM – Ryan from Vitti Labs
- 9:30 AM – AM Break
- 9:50 AM – Top 5 diets for longevity – Dr. Lee
- 10 :20 AM – Peptide Bio Regulators – Dr. Xan Simonson
- 10:50 AM – Environmental Toxins is the root cause of chronic diseases – Dr. Lee
- 11:20 AM – Interactive session –Strength Training for over 60 - Jaime Baird
- 12:00 PM – Break and Lunch
- 1:15 PM – Senolytics and Senomorphs – Dr. Martinez
- 1:40 PM – The Dangerous Heavy Metal that plasmapheresis does not remove it- Dr. Lee
- 2:00 PM – Future of Klotho -Dr. Luis Martinez
- 2:30 PM – Yamanaka Factors – Dr. Lee
- 3:00 PM – PM Break
- 3:20 PM – Simple Testing that can be done at your office for longevity- Dr. Lee
- 3:50 PM – Core Blood Transfusion for Longevity- Dr. Luis Martinez
- 4:10 PM – Certification Longevity test (Recommend taking the test on your laptop or iPad)